

# TGF- $\beta$ pathway activation by IPF fibroblast-derived soluble factors is

## mediated by IL-6 trans-signaling



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#### INTRODUCTION

Fibrotic diseases, such as IPF and systemic sclerosis (SS), are characterized by uncontrolled activation of fibroblasts. This activation was shown to be caused by increased inflammatory cytokines, (e.g. TNF $\alpha$ , IFN $\gamma$  and IL-6), which are usually considered to be secreted by inflammatory cells (e.g. macrophages).

Tocilizumab (TCZ), an antihuman IL-6R neutralizing antibody, which prevents binding of IL-6 to IL-6R, inhibits both classic and trans-signaling pathways.

### **OBJECTIVES**

The SENSCIS<sup>™</sup> trial for SS associated interstitial lung disease (SS-ILD) showed that the treatment that is already proven effective for IPF (i.e. nintedanib) could also be effective for SS-ILD. We hypothesized that it could also be vice versa. Since the microenvironment is known to

affect cell behavior, activated fibroblasts can in turn activate healthy neighboring cells.

#### METHODS

Supernatants (SN) from primary human lung fibroblast (HLF) cultures from IPF (IPF-HLF) and control donor (N-HLF) lung tissues were collected and then added to N-HLFs for further culture.

Interleukin-6 (IL-6) and TGF-β-related signaling factors (e.g. STAT3, Smad3) were evaluated by western blot and qPCR. IL-6 levels were measured by ELISA. IL-6 signaling was blocked by Tocilizumab (TCZ) (10ng/ml).





## RESULTS

IPF-HLFs secrete high levels of IL-6 and activate the STAT3 pathway in normal HLFs



Human lung fibroblasts from patients with IPF (IPF-IHLF) or control donors (N-HLF) were cultured and their supernatants (SN) were collected. IL-6 levels in the SN(A). IL-6 mRNA levels from N-HLF and IPF-HLF cells by qPCR (B). SN from IPF-HLFs was added to N-HLF for further cultures. The effect of the IPF-HLF-SN on N-HLF pSTAT3-Y705 (30 min, C-D), pSTAT3-S727 (24hr, E) and total protein levels of SOC33 (24hr, F) were analyzed by western blotting. (C) Representative western blots for figures D-F, 9< c0.05, \*\*\*P < c0.01, and \*\*\*\*p < 0.001. (ne\*4).

#### The IL-6 pathway is overexpressed in IPF-HLFs



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IPF secreted factors activate Smad3 and induce cell proliferation via IL-6 transsignaling



Effects of the IPF-HLF-SN with/ without Tocilizumab (TCZ, 10 ng/ml) on pSmad3 protein levels and GREM1 mRNA levels were tested by Western Blot (A-B) and qPCR (C), respectively.

Lung fibroblasts derived from patients with IPF (IPF-HLF) or from control donors (N-HLF) were cultured with/ without TC2 Joand 100 ng/ml. Cell growth was monitored at 24, 48, and 72hr. At 24h, culture media avas changed and TC2 was added. Values are means  $\pm$  SE (D). One-way ANOVA was used for each time point, with the main effect of IPF-HLF versus N-HLF. \*p5 0.05, n=5.

The effect of IPF-HLF-SN with/ without TCZ (10 ng/ml) on cell number was tested at 24h (E). The effect of IPF-HLF-SN with/ without TCZ (10 ng/ml) on mRNA levels of  $\alpha$ SMA (ACTA2) and Collagen1a (COL1A) were tested by qPCR at 24h (F-G). \*\*\*p< 0.001

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# **CONCLUSIONS**

IPF-HLF paracrine signaling leads to IL-6R overexpression, which in turn, affects N-HLF survival. The IL-6/STAT3/Smad3 axis facilitates cellular responses that could potentially promote fibrotic disease. This interplay was successfully blocked by Tocilizumab.